



SKIN TYPE

Patient Name: _____ **Date:** _____

Skin type is determined genetically and is one of the many aspects of your overall appearance, which also includes color of eyes, hair, etc. The way your skin reacts to sun exposure is another important factor in correctly assessing your skin type. Recent tanning (sun bathing, artificial tanning or tanning creams) has a major impact on the evaluation of your skin color.

Please fill this out by circling the ***most appropriate*** response.

Genetic Disposition

Score	0	1	2	3	4
What is the color of your eyes?	Light blue, Gray, Green	Blue, Gray or Green	Hazel/Brown	Dark Brown	Brownish Black
What is the natural color of your hair?	Sandy Red	Blonde	Chestnut/Dark Blonde	Dark Brown	Black or Brownish Black
What is the color of your Non-exposed skin?	Reddish	Very Pale	Pale with Beige tint	Light Brown	Dark Brown
Do you have freckles in unexposed areas?	Many	Several	Few	Incidental	None

Score	0	1	2	3	4	5	6
Which best describes your ancestry?	English, Irish	German, Polish, Swedish	Italian, Spanish, Mediterranean	Jewish, Hispanic, Mexican, French	Asian	Light African American, American Indian	Dark African American

Reaction to Sun Exposure

Score	0	1	2	3	4
What happens when you stay in the sun too long?	Painful redness blistering, peeling	Blistering followed by peeling	Burns sometimes followed by peeling	Rare burns	Never had burns
When moderately exposed to the sun, to what degree do you tan?	Hardly or not at all or burn do not tan	Light color tan	Reasonable tan	Tan very easily	Turn dark brown very quickly
After several hours of sun exposure, do you tan?	Never or burn	Seldom	Sometimes	Often	Always
How does your face react to the sun?	Very Sensitive	Sensitive	Normal	Very resistant	Never had a problem

Tanning Habits

When did you last expose your body to sun (or artificial sunlamp/tanning cream)?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than a month ago	Less than 2 weeks ago
When in the sun, do you expose the area to be treated?	Never	Hardly ever	Sometimes	Often	Always

Office use only:

Skin Type Scale

◀	Genetic Disposition Score	I	0-7
◀	Reaction to Sun exposure Score	II	8-16
◀	Tanning Habits Score	III	17-25
◀	Total Score	IV	26-30
◀	Skin Type	V-VI	Over 30